DEAR DISCIPLE CLUB

MARVEL AT THE MYSTERY OF

Christmas

ADVENT READING PLAN

Each day, read the Scripture and the sections of St. Athanasius's *On the Incarnation*, then check off the day. Start December 1 to finish on Christmas. Each week ends with a reflection page and a Sabbath page whenever you need them. Come to encounter Jesus.

		SCRIPTURE · ON THE INCARNATION SECTIONS
WEEK ONE — *The Story Before the Manger*		
☐ DAY 1	*In the Beginning Was the Word*	Genesis 1:1–3; John 1:1–3; Hebrews 11:3 — 1–2
☐ DAY 2	*Made in His Image*	Genesis 1:26–31; Colossians 1:15–17 — 3
☐ DAY 3	*The Fall and the First Promise*	Genesis 3:1–15 — 4–5
☐ DAY 4	*The Divine Dilemma*	Romans 5:12–19; Romans 8:19–23 — 6–7
☐ DAY 5	*Heaven Bends Low*	Philippians 2:5–8; Hebrews 2:14–15 — 8–10
END OF WEEK	Reflection and activation · Sabbath: "O come, Thou Rod of Jesse"	
WEEK TWO — *Promise and Prophecy of the Coming One*		
☐ DAY 6	*The Promise to Abraham*	Genesis 12:1–3; Genesis 22:15–18; Galatians 3:16 — 11–12
☐ DAY 7	*The Lion of Judah*	Genesis 49:8–10; Revelation 5:5 — 13–14
☐ DAY 8	*The Redeemer From Bethlehem*	Ruth 4:13–17; Matthew 1:5 — 8 (again)
☐ DAY 9	*A Son for David's Throne*	2 Samuel 7:8–16; Psalm 2 — 15–16
☐ DAY 10	*A Shoot From the Stump of Jesse*	Isaiah 11:1–10; Luke 4:16–21 — 35
☐ DAY 11	*Immanuel, God With Us*	Isaiah 7:14; Isaiah 9:2–7 — 17–19
☐ DAY 12	*Bethlehem's Suffering Shepherd*	Micah 5:2–5; Isaiah 53:3–6 — 20–21
END OF WEEK	Reflection and activation · Sabbath: "O come, Thou Dayspring"	
WEEK THREE — *The Word Appears in Flesh*		
☐ DAY 13	*Elizabeth's Hidden Months*	Luke 1:5–25 — 3 (again)
☐ DAY 14	*Mary's Yes*	Luke 1:26–38 — 22–25
☐ DAY 15	*Filled With the Spirit*	Luke 1:39–45 — 26–29
☐ DAY 16	*Mary's Song*	Luke 1:46–56 — 30–32
☐ DAY 17	*Prepare the Way*	Isaiah 40:1–5; Luke 1:13–17 — 40
☐ DAY 18	*Zechariah Prophesies*	Luke 1:67–79 — 33–37
☐ DAY 19	*Joseph's Obedience*	Matthew 1:18–25 — 38–40
END OF WEEK	Reflection and activation · Sabbath: "O come, Thou Key of David"	
WEEK FOUR — *Triumph and New Creation*		
☐ DAY 20	*Born to Redeem*	Galatians 4:4–7; Titus 3:4–7 — 41–45
☐ DAY 21	*Worthy Is the Lamb*	Revelation 5:6–14 — 46–50
☐ DAY 22	*Every Nation, All Things New*	Revelation 7:9–12; Revelation 21:1–5 — 51–53
☐ DAY 23	*Arise, Shine*	Isaiah 60:1–3; Matthew 2:1–11 — 37 (again)
☐ DAY 24	*No Room, and Glory in the Fields*	Luke 2:1–20 — 54
☐ DAY 25	*The Word Became Flesh*	John 1:14–18; Luke 2:25–32 — 55–57

BEFORE YOU BEGIN

Welcome to Advent. Read the introduction and pray, "O come, O come, Emmanuel."

AFTER DAY 25

Closing reflection: carrying the Incarnation into your life.

READING ON THE INCARNATION

Get the Book

St. Athanasius wrote *On the Incarnation* about 1,700 years ago, and it's still one of the clearest books on why Jesus came. It's short. You can read it free online or pick up a paperback.

READ IT FREE

The book is in the public domain. Archibald Robertson's 1892 translation is free to read online.

newadvent.org/fathers/2802.htm

PAPERBACK

My favorite edition has C.S. Lewis's well-known introduction.

link.amazon/B06kdQ49H

The paperback link is an Amazon affiliate link. If you buy through it, I may earn a small commission at no extra cost to you.

READING TIPS

1. Read the Bible passage first, then Athanasius.
2. Go slowly. Read a paragraph out loud if a sentence feels tangled.
3. Underline one line that makes you marvel, and copy it into your notes.
4. If a section loses you, keep going. Athanasius circles back to his main points again and again.

WANT THE WHOLE STUDY?

This plan comes from *Marvel at the Mystery of Christmas*, my 25-day Advent workbook. Each day adds a plain-words guide to Athanasius, a reflection, a prayer, and a question to bring to the Holy Spirit.

home.discipleco.org/advent

OR WALK THROUGH ADVENT IN THE CLUB

The Advent plan is open in the Dear Disciple Club app, and both workbooks are there to print.

club.discipleco.org/club

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